

Break Free From Menopause!

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Take the Vaginal & Sexual Health Quiz.

Do you have, or have you experienced in the past several months?...

- Vaginal dryness.
- Painful intercourse.
- Lack of moisture and suppleness in the pelvic area.
- More frequent urinary tract infections.
- Urinary leakage one or more times per month.
- Disinterest in sex.
- Little or no libido.
- Inability to reach climax or enjoy foreplay.
- Embarrassment, body shame, or just feeling uncomfortable about your body.

Total number of "yeses": _____

You deserve to feel fabulous. Be sure to watch Day 3 of Break Free From Menopause to get the exact steps to getting your sexy back!